

# New Support Group

## FAMILIAL HYPERCHOLESTEROLEMIA SUPPORT GROUP

**Familial Hypercholesterolemia (FH)** is an inherited disorder of cholesterol metabolism leading to premature coronary heart disease. 1 in 500 West Australians have FH but **80%** of cases are **not** diagnosed. The early diagnosis and treatment of FH can delay or prevent the onset of Coronary Heart Disease.

### Objectives of the group

The aim of establishing a Familial Hypercholesterolemia (FH) Support Group is to improve information, communication and support services for families with FH in Western Australia and help prevent premature deaths caused by high cholesterol and cardiovascular disease.

### Activities and Services

- Providing information, advice and support
- Supporting health professional awareness
- Providing a network for individuals and their families with inherited high cholesterol
- Promoting healthier lifestyle options.

We are keen to facilitate the involvement of Medical, nursing and allied health professionals, families, carers, supporters and advocates, in partnership with patients to help support those West Australians at risk of inherited high cholesterol and cardiovascular disease.

### For further information contact

Genetic Support Council of WA  
Phone: (08) 9389 6722  
E-mail: [info@geneticsupportcouncil.org.au](mailto:info@geneticsupportcouncil.org.au)

### Waleed: Support Group Chair Person

E-mail: [faridw01@student.uwa.edu.au](mailto:faridw01@student.uwa.edu.au)

### Simone: Support Group Member

E-mail: [srp@amnet.net.au](mailto:srp@amnet.net.au)